

Onions stuffed with tomato crumble



Time: 40 min.

Difficulty: Medium

Ingredients (4 people)

• Ingredients

- o Organic Tomato Pulp 500g 50 gr
- o Beef mince 100 g
- EVO oil to taste
- o Garlic 1 clove
- o Herbs 30 g
- Pepper to taste
- o Red onions 2
- Salt to taste
- o Sardinian pecorino cheese 50 g
- o Stale bread 80 g
- o Thyme q.b.
- o Whole egg 1

For this recipe we used:



Preparation

- 1. To prepare the stuffing, mix the mince meat with the evo oil salt, pepper, thyme, Sardinian pecorino cheese and blanched herbs
- 2. Cut the onions in half and separate each layer so that you obtain small domes.
- 3. Blanch them in hot water and fill them with the previously prepared minced meat mixture.
- 4. Prepare a sauce with Organic Tomato Puree, season with oil, salt and garlic.
- 5. Use part of the tomato sauce to season the crispy bread for the crumble and top with the onions.
- 6. Bake at 180°C for 12 minutes, place the stuffed onions on a bed of sauce.