

Savoy cabbage in tomato sauce



Time: 45 min. **Difficulty**: Medium

Ingredients (2 people)

• Ingredients

- o Strained Tomatoes 700g 150 gr
- o Egg 1
- EVO oil to taste
- o Garlic 1 clove
- o Grated Parmigiano Reggiano 60 g
- o Minced beef and veal 200 g
- o Mortadella (pork or chicken) 60 g
- Pepper to taste
- Salt to taste
- Savoy cabbage 6 leaves

For this recipe we used:



Preparation

- 1. Select the best cabbage leaves and wash them thoroughly.
- 2. Blanche them in hot salted water, place them in cold water to stop them from cooking any further and then thoroughly pat them dry.
- 3. Place the minced meat, egg, Parmigiano, finely chopped mortadella, bread crumbs, salt, pepper and thyme in a large bowl and mix all the ingredients thoroughly by hand until compact and homogeneous.
- 4. Now fill the savoy cabbage leaves with the filling and close them to form wraps.
- 5. In the meantime heat the **tomato** in a pan with some extra virgin oil and the garlic; add the stuffed cabbage leaves.
- 6. Cook on a low flame for 30 minutes.