

Aubergine parmigiana



Time: 45 min. Difficulty: Medium

Ingredients (2 people)

• Ingredients

- Rustica Tomato Sauce 700g 180 g
- Aubergines 300 g
- Basil to taste
- Frying oil to taste
- Garlic 1 clove
- Grated Parmigiano Reggiano 60 g
- Mozzarella 100 g
- Pepper to taste
- Salt to taste

For this recipe we used:



Preparation

- 1. Cut the aubergines into slices and fry in oil until golden.
- 2. In the meantime cook the *tomato* for 15 minutes on a high flame with the extra virgin olive oil, garlic, basil, salt and pepper.
- 3. Cut the mozzarella into slices and grate the Parmigiano.
- 4. Assemble the parmigiana in a tray by alternating layers of tomato, aubergine, mozzarella and Parmigiano.
- 5. Bake in the oven for 15 minutes at 180 degrees.