

Lasagne



Preparation time: 210 min

Difficulty: Easy

Ingredients

· EVO oil: to taste

• Fresh egg pasta: 180 g

Grated Parmigiano Reggiano: 50 g

Pepper: to tasteSalt: to taste

Béchamel sauce

Butter: 25 g
Flour: 25 g
Milk: 250 ml
Nutmeg: to taste
Salt: to taste

Ragout

• Bay leaf: 1

Beef broth: 100 g
Carrots: 20 g
Celery: 20 g
Garlic: 1 clove
Minced beef: 80 g
Onion: 20 g

• Thyme: 1 sprig

For this recipe we used:

Strained Tomatoes 100 g



Preparation

- 1. For the ragù, start by finely chopping celery, carrot and onion, then brown them in a pan with some extra virgin oil and garlic.
- 2. When golden add the minced meat and brown.
- 3. Add salt, pepper, bay leaf, thyme and the wine; simmer and reduce.
- 4. Now add the beef broth and the **tomato**; simmer on a low flame for 2 and a half hours.
- 5. Then prepare the béchamel sauce by heating the milk in a pan and melting the butter in another while stirring in the flour, on a low flame.
- 6. Bring the milk in the pan to the boil, pour into the pan with the butter and flour, then whisk briskly while adding the salt, pepper and nutmeg.
- 7. Assemble the lasagne in a tray, alternating layers of ragù, béchamel sauce, pasta sheets and grated Parmigiano; repeat four times.
- 8. Bake in the oven for 25 minutes at 180°.