

Rice supplì



Time: 40 min.

Difficulty: Medium

Ingredients (4 people)

• Ingredients

- Chopped Tomatoes 3x400g 300 g
- Beef minced meat 500 g
- Breadcrumbs as required
- Butter 1 noce
- Carrots 100 g
- Celery 100 g
- Dry white wine 200 ml
- Eggs 2 (medium)
- Eggs 1 (medium)
- Flour as required
- Grated Parmesan Cheese 30 g
- Mozzarella Cheese 150 g
- Olive Oil 30 ml
- Onion 100 g
- Peanut seed oil as required
- Rice 250 g
- Salt and pepper to taste
- Vegetable broth as required

For this recipe we used:



Preparation

Stir-fry the herbs in olive oil (or butter), add the minced beef and sprinkle white wine over it. Once the wine has steamed, add mashed **Pomi chopped tomatoes** and simmer for an hour. Meanwhile drain the Mozzarella.

Drop the rice in the obtained ragout and cook it, gradually adding hot broth. Once cooked, the rice must result very dry and pasty. Let it cool, and then add egg, Parmesan and butter.

Blend well, take a spoon of the mixture and flatten it in your hand-palm. Put some dry Mozzarella cubes in the middle and cover with other rice, sealing and giving it an oval shape. Roll the suppli in flour, then in blended egg and breadcrumbs. Warm generous seed oil in a pan and fry few suppli at a time over medium heat, until you notice they are crusty and uniformly golden. Drain them on absorbent paper and immediately serve them to enjoy the inner melting cheese.