

Tofu and Asparagus Sautée



Time: 25 min.

Difficulty: Easy

Ingredients (2 people)

• Ingredients

- o Chopped Tomatoes 400g 400 gr
- o Asparagus 3.5 oz.
- o Black pepper to taste
- Leek 1
- o Oil q.b.
- Paprika to taste
- o Salt q.b.
- o Tofu 10 oz.

For this recipe we used:



Preparation

Dice the tofu and sautee it in a pan along with the chopped leek. Meanwhile, steam the asparagus and leave them a slightly crunchy.

Cut them in pieces and add them to the pan with the tofu. Continue to cook.

Add the paprika, salt and pepper.

Add Pomì diced tomatos and let cook until the water in the tomato sauce has evaporated, at least 15 minutes.